Tools

- Emotional Intelligence
- Assess Your Emotional Intelligence: 4 tools
- The Emotionally Intelligent Manager: How to Develop and Use the Four Key Emotional Skills of Leadership
- HBR Guide to Emotional Intelligence
- HBR Dealing with Difficult People
- LinkedIn’s 7 Best Books On Increasing Your EQ
- LinkedIn’s 15 Resources That Will Boost Your Emotional Intelligence Today
- 13 Emotional Intelligence Activities, Exercises & PDFs

Books

- Emotional Intelligence
- Working with Emotional Intelligence
- Emotional Intelligence: Science and Myth
- How Emotions are Made: The Secret Life of the Brain
- Emotional Agility
- Dare to Lead